



Managing Organization



Founding Organizations



Do You Have a Seizure Action Plan?

Seizures can be scary. Having a Seizure Action Plan – and sharing it – empowers those around you to be able to assist. Anyone who spends time with someone who has seizures should be educated, prepared and empowered to help.

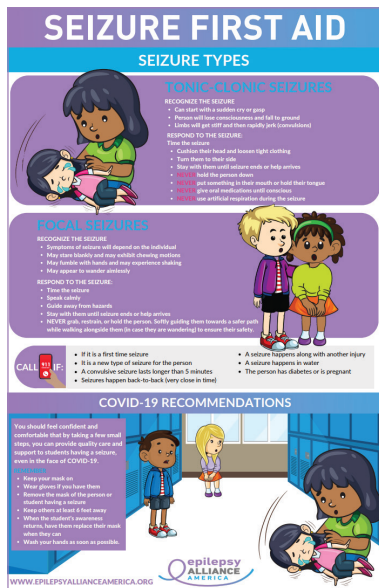
A Seizure Action Plan lets others know what to do in the case of a seizure. A Seizure Action Plan can reduce the time to act during a seizure and faster response times can reduce risk of prolonged seizures, risk of mortality, and the need for additional rescue medications.

Approximately 30% of patients diagnosed with epilepsy have treatment-resistant epilepsy which means that available medications and devices are unable to bring the seizures under control. Many patients with treatment-resistant epilepsy may experience prolonged seizures (status epilepticus) and/or seizure clusters, which may need to be stopped with emergency interventions.

 The image shows a sample "Acute Seizure Action Plan" form, distributed by the Epilepsy Alliance. The form is titled "Acute Seizure Action Plan" and includes sections for:

- Usual Seizure Pattern:** Includes fields for Name, Date, Care partner phone numbers, and a section for Usual Seizure Pattern with checkboxes for various seizure types (e.g., Focal aware, Focal aware (with closed eyes), Generalized tonic-clonic, etc.).
- Care:** Includes a section for Standard Care Needed with checkboxes for various seizure types and a section for Provide Standard Care with checkboxes for various seizure types.
- Provide Rescue Treatment:** Includes a section for Provide Standard Care (Rescue) and Rescue Treatment with checkboxes for various seizure types.
- Call for Emergency Help:** Includes a section for Call for Emergency Help with checkboxes for various seizure types and a section for Call for Emergency Help with checkboxes for various seizure types.
- Healthcare Provider Authorization:** Includes a section for Healthcare Provider Authorization with checkboxes for various seizure types.

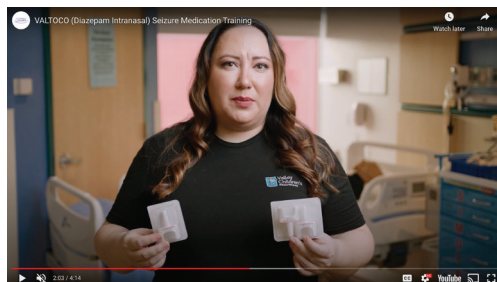
Seizure Action Plan Coalition Resources



Seizure First-Aid



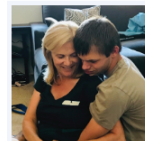
Webinars



Rescue Medication Videos

We Did the Wrong Thing Not Having a Formal Seizure Action Plan for Our Son

Jen & Theo



[READ THE FULL STORY >](#)

Despite having an intuitive plan, when their son Theo had a cluster of seizures, they hesitated on how to handle the situation best.

"We didn't have a Seizure Action Plan before, but we do now!"

Patient and Family Stories

Other Resources Available:

Seizure Action Plan samples

Seizure First Aid Training

Back to School Resources

Videos: Testimonials and Webinars

Some materials available in Spanish

